

Aquatics

Amazon Pool (open May 22-Oct 31)
2600 Hilyard St., Eugene 97405 Bus #28, 73
Phone: 682-5350 Fax: 682-6366
Aquatic Facility Supervisor: Rich Fay
Aquatic Program Supervisor: Tim Westerman
Office Coordinator: TBA
Certified Pool Operators: Doug Krobatsch,
Steve Ogden, Bob Whitlach

Echo Hollow Pool
1655 Echo Hollow Rd., Eugene 97402 Bus #40
Phone: 682-5525 Fax: 682-8193
Aquatic Facility Supervisor: Rich Fay
Aquatic Program Supervisor: TBA
Recreation Program Assistant: TBA
Office Coordinator: Margie Zerr
Certified Pool Operators: Doug Krobatsch,
Steve Ogden, Bob Whitlach

Sheldon Pool
2443 Willakenzie, Eugene 97401 Bus #67, 64
Phone: 682-5314 Fax: 682-6344
Aquatic Facility Supervisor: Doug Smith
Aquatic Program Supervisor: Tim Westerman
Recreation Program Assistant: Gayle Hein
Office Coordinator: TBA
Certified Pool Operators: Doug Krobatsch,
Steve Ogden, Bob Whitlach



PHOTO BY RECREATION STAFF

The City of Eugene Aquatics Program provides safe, healthy, enjoyable recreation and wellness opportunities for people of all ages. Eugene's community pools offer:

- Lap swimming & recreational swimming
- Swim lessons for all ages
- Aquatic and land-based fitness classes
- Fully equipped fitness centers
- Training and certifications
- Competitive swimming and water polo
- Pool rental for parties
- Special events

Class listings begin on page 28.

AMAZON POOL FEES

Amazon passes are valid at all three pools

| | Single Visit | Punch Card* (10 visits) | 30 Day Pass* |
|-----------------------|--------------|-------------------------|--------------|
| Youth (ages 3-17) | \$4.00 | \$34 | \$41 |
| Adult (age 18 & over) | \$4.50 | \$38 | \$46 |
| Family** | \$9.50 | \$81 | \$97 |
| Adult Fitness Classes | \$4.00 | \$34 | |

* Passes not valid at special events ** Additional charges for more than 5 people

Punch Card: Good for 10 visits. Purchase at any facility. Collect 12 used cards and get one free! (Free cards do not count toward another free card.)
30 Day Pass: Good for 30 days from date of purchase. Gives you access to all recreation swims, spas, parent/child swims, lap swims, fitness classes & fitness centers. Collect 12 used cards and get one free! (Free cards do not count toward another free card.)

Non-city residents are assessed a 20% surcharge for registered activities & rentals.

ECHO HOLLOW & SHELDON FEES

Passes not valid at Amazon Pool

| | Single Visit | Punch Card* (10 visits) | 30 Day Pass* |
|-----------------------|--------------|-------------------------|--------------|
| Youth (ages 3-17) | \$3.00 | \$26 | \$31 |
| Adult (age 18 & over) | \$3.50 | \$30 | \$36 |
| Family** | \$7.00 | \$60 | \$71 |
| Adult Fitness Classes | \$4.00 | \$34 | |

Admission Policies: All admissions include access to lap swims, recreation swims, spas, and fitness centers, as available. Some age restrictions apply. Children age two and under are admitted free with a paid adult. Fitness classes may be attended on a drop-in basis as space permits; pre-registration is recommended for all fitness classes.

Swim Diapers Policy: City of Eugene swim facilities require reusable swim diapers that are elastic fitting around the legs and waist for non-toilet trained individuals. No disposable swim diapers in the water.

Aquatics

HOURS & PROGRAM INFORMATION

Fitness Centers

Our Fitness Centers offer cardio-vascular equipment including treadmills and elliptical trainers, as well as weight equipment designed to work specific muscle groups.

Fitness Centers are open to individuals age 18 or older. An equipment use orientation is required for new users and a signed consent form must be on file. Centers may be used by those under age 18 if the following is met:

- Youth age 16 to 17 must have a guardian-signed consent form on file.
- Youth age 13 to 15 must have a guardian-signed consent form on file and must have an adult present during facility use.
- Youth age 12 and younger are not permitted in the Fitness Centers.

ECHO HOLLOW POOL Oct 2-Dec 31

MWF 5:30a-8p Su 11a-3p
TuTh 6a-8p

SHELDON POOL Sep 11-Dec 17

MWF 5:30a-8:30p Sa 9a-Noon
TuTh 6:30a-8:30p

Centers close at 7:15p on special event nights.

Rent A Pool



- Birthdays
- Sport teams
- Company parties
- Reunions, etc.

Echo Hollow & Sheldon Pools: \$90/hour.

Reservations must be made at least 2 weeks before the rental date.

Cosmic Swim rentals also available!
NEW! Rent our inflatable kayaks too!

Please call for information/reservation:

Sheldon Pool, 682-5314
Echo Hollow Pool, 682-5525

Lap Swims

Lap lanes are available for slow, medium, and fast swimmers. Children age 12 and younger must be accompanied by an adult. Availability of lanes may vary based on time and attendance of scheduled programs at the facility.

AMAZON POOL Sep 5-Oct 31

SHORT COURSE

M-F 5:30-8:30a

M-F 5:15-7p

M-Su Noon-2p

SaSu 2-5p through Sep 17

ECHO HOLLOW POOL Oct 2-Dec 31

INSIDE POOL

MWF 5:30-8:30a

TuTh 6-9a

M-Th 11:30a-1p, 7-8p

F 11:30a-1p, 5-8p

Su 11a-3p

OUTSIDE POOL

M-F 11a-1p

Su 11a-1p

SHELDON POOL Sep 11-Dec 17

M-F 7:30-8:30a 2-3 lanes

MWF 5:30-6:30a 6 lanes

11:30a-1:30p 6 lanes

5:15-6:15p 3 lanes

MW 7:35-8:30p 2-3 lanes

TuTh 11a-1p 6 lanes

7:35-8:30p 2-3 lanes

Sa 9a-Noon 2-6 lanes

Recreation Swims

Play/swim times open to all ages. Children under 48" must be accompanied by an adult age 18 or older (one adult per child), or be able to pass a swim test.

AMAZON POOL Sep 5-17

SaSu 2-5p

ECHO HOLLOW POOL Oct 1-Dec 31

M-F 7-8p

Su 1:15-3p

SHELDON POOL Sep 11-Dec 17

M-Th 7:35-8:30p

F 7:30-8:30p

Sa 10:30a-Noon

Friday Rec Swims replaced by Dive-In Movies when movies occur. (See schedule below.)

Cosmic Swim/Splash Dances

Enjoy an evening of recreational swimming with only the underwater lights of the pool. Music, colored lights and lots of fun for youth.

ECHO HOLLOW POOL

TBA F 7:45-9:45p \$3/person

Home School Swims

A time for parents and/or home school students to recreate in the water. One child free with paying adult.

SHELDON POOL Sep 11-Dec 17
MWF 10:15-11:15a

Dive In Movie Nights

Enjoy this great family event! Swim or just watch the movie on our *huge* screen!

\$2.50/person; passes not valid for special events

ECHO HOLLOW POOL

| | | | |
|--------|---|-------|--------------|
| Oct 27 | F | 7:15p | Shark Tale |
| Nov 17 | F | 7:15p | Ice Age |
| Dec 15 | F | 7:15p | A Bug's Life |

SHELDON POOL

| | | | |
|--------|----|-------|--|
| Sep 29 | F | 7:30p | Harry Potter and the Prisoner of Azkaban |
| Oct 31 | Tu | 7:30p | It's the Great Pumpkin, Charlie Brown |
| Nov 17 | F | 7:30p | Karate Kid |

No School Day Swims

ECHO HOLLOW POOL

| | | |
|--------|---|---------|
| Oct 13 | F | 1:30-3p |
|--------|---|---------|

SHELDON POOL

| | | |
|--------|---|------------|
| Oct 13 | F | 1:40-3:40p |
|--------|---|------------|

Closures/Modified Schedules

AMAZON POOL

| | |
|--------|---|
| Sep 4 | Holiday schedule: Lap Swim Noon-5p Recreational Swim 2-5p |
| Oct 31 | Closing for season |

ECHO HOLLOW POOL

| | |
|-------------|------------------------|
| Sep 2-Oct 1 | Closed for maintenance |
| Nov 23-24 | Closed for holiday |
| Dec 25 | Closed for holiday |

SHELDON POOL

| | |
|---------------|------------------------|
| Aug 29-Sep 10 | Closed for maintenance |
| Nov 11 | Closed for holiday |
| Nov 23-24 | Closed for holiday |
| Dec 17-Jan 1 | Closed for maintenance |

Turkey Burn ♥

Try a Deep Water Fitness class to help burn off all the turkey and trimmings from the holiday!

ECHO HOLLOW & SHELDON POOLS

| | | |
|--------|----|-------------|
| Nov 25 | Sa | 9:30-10:30a |
|--------|----|-------------|

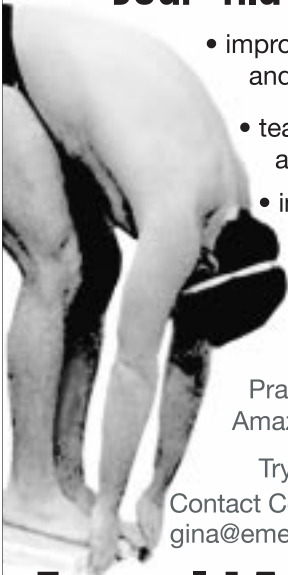
Start Your Kid Off Right

- improves coordination and confidence
- teaches dedication and hard work
- improves chances of attending and finishing college

Ages 5-18
Practices at Echo & Amazon (when open)
Tryouts/Placement:
Contact Coach Gina Dhom
gina@emeraldaquatics.org

Emerald Aquatics

emeraldaquatics.org || info: 684.0996



Eugene City Swim Club

Swimmers seeking a fun and exciting challenge know to pick Eugene City Swim Club. At every level – novice to national qualifier – swimmers enjoy ECSC's excellent coaching, team comradery, and supportive parents in a safe lifelong sport. Whether interested in competing for fun, or intent on improving strength and technique, for over 20 years Eugene City Swim Club has been the choice of champions.

For details call coach Scott Kerr, 988-3133.



Aquatics

SWIM LESSONS

Classes are designed to teach people to be safe when they are in, on, and around the water. Classes are based on American Red Cross standards and cover skills and knowledge in a logical progression.

SWIM CLASSES DATES & PRICES

Session 1

Sep 5-14 (2 weeks, M-Th)

Amazon Pool only

No class Sep 4.

\$31.50

Session 2

Sep 18-28 (2 weeks, M-Th)

Amazon Pool only

\$36.00

Session 3

Sep 11-28 (3 weeks, MW or TuTh)

Sheldon Pool only

\$27.00

Session 4

Oct 2-26 (4 weeks, MW or TuTh)

Echo Hollow & Sheldon

\$36.00

Session 5

Oct 30-Nov 21 (4 weeks, MW or TuTh)

Echo Hollow & Sheldon \$31.50 MW

No class Oct 31. \$27.00 TuTh

No class Nov 22-23.

Session 6

Nov 27-Dec 14 (3 weeks, MW or TuTh)

Echo Hollow & Sheldon

\$27.00

SWIM LESSONS/INFANTS

Parent/Child ♥

Ages 6 months-3 years with parent

Parents and babies can enjoy the water together. Mom and/or Dad will receive safety tips, skill progression techniques and games to enhance baby's introduction to the water. Elastic fitting *reusable* swim diapers must be worn at City of Eugene facilities. No disposable swim diapers are allowed. Reusable swim diapers can be purchased at the front desk.

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices above)

TuTh 5:45-6:15p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices above)

MW 6:30-7p

TuTh 9:50-10:20a

TuTh 6:30-7p

SWIM LESSONS/PRESCHOOL

All levels are for ages 3-6

Tots ♥

Little or no previous water experience.

AMAZON POOL

Sessions 1, 2 (see dates & prices above)

M-Th 2:45-3:15p

M-Th 3:20-3:50p

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices above)

MW 5:10-5:40p

TuTh 5:10-5:40p

MW 5:45-6:15p

TuTh 5:45-6:15p

MW 6:20-6:50p

TuTh 6:20-6:50p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices above)

MW 5:20-5:50p

TuTh 9:15-9:45a

MW 5:55-6:25p

TuTh 9:50-10:20a

MW 6:30-7p

TuTh 6:30-7p

TuTh 7:05-7:35p

Advanced Tots ♥

Comfortable in the water, including submerging. Can do 5 bobs, prone and back float with assistance. Prerequisite: Tots.

AMAZON POOL

Sessions 1, 2 (see dates & prices above)

M-Th 2:45-3:15p

M-Th 3:55-4:25p

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices above)

MW 5:10-5:40p

TuTh 5:10-5:40p

MW 5:45-6:15p

TuTh 5:45-6:15p

MW 6:20-6:50p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices above)

MW 5:20-5:50p

TuTh 7:05-7:35p

MW 5:55-6:25p

TuTh 6:30-7p

MW 6:30-7p

TuTh 9:15-9:45a

MW 7:05-7:35p

Flippers ♥

Able to glide in the streamline position from the wall for 5 feet and independent backfloat for 5 seconds. Prerequisite: Advanced Tots.

AMAZON POOL

Sessions 1, 2 (see dates & prices above)

M-Th 2:45-3:15p

M-Th 3:20-3:50p

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices above)

MW 5:10-5:40p

TuTh 5:10-5:40p

MW 6:20-6:50p

TuTh 5:45-6:15p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices above)

MW 5:20-5:50p

TuTh 6:30-7p

MW 7:05-7:35p

Advanced Flippers ♥

Able to swim 10 yards unaided on front, independent side glide with rhythmic breathing, and comfortable floating on back. Prerequisite: Flippers.

AMAZON POOL

Sessions 1, 2 (see dates & prices on pg 28)

M-Th 2:45-3:15p

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices on pg 28)

MW 5:45-6:15p TuTh 6:20-6:50p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices on pg 28)

MW 6:30-7p TuTh 7:05-7:35p

Dolphins ♥

Able to swim 25 yards front crawl with alternating side breathing, elementary backstroke 20 yards and backstroke 20 yards. Prerequisite: Advanced Flippers.

AMAZON POOL

Sessions 1, 2 (see dates & prices on pg 28)

M-Th 3:55-4:25p

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices on pg 28)

TuTh 5:45-6:15p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices above)

MW 5:55-6:25p

Advanced Dolphins ♥

Able to do front crawl 25 yards, backstroke 25 yards, and breaststroke kick 10 yards. Prerequisite: Dolphins.

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices on pg 28)

TuTh 5:45-6:15p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices on pg 28)

TuTh 7:05-7:35p

SWIM LESSONS/RED CROSS YOUTH

All levels are for youth ages 7-13

Level I: Introduction ♥

Helps students feel comfortable in the water and enjoy the water safely. Prerequisite: None.

AMAZON POOL

Sessions 1, 2 (see dates & prices on pg 28)

M-Th 3:20-3:50p

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices on pg 28)

MW 5:10-5:40p TuTh 6:20-6:50p



PHOTO BY RECREATION STAFF

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices on pg 28)

MW 5:55-6:25p TuTh 6:30-7p

Level II: Fundamental Skills ♥

Provides students opportunities for success with fundamental skills. Prerequisite: Level I.

AMAZON POOL

Sessions 1, 2 (see dates & prices on pg 28)

M-Th 2:45-3:15p M-Th 3:20-3:50p

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices on pg 28)

MW 5:45-6:15p TuTh 5:10-5:40p

MW 6:20-6:50p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices on pg 28)

MW 5:20-5:50p TuTh 7:05-7:35p

MW 7:05-7:35p

Level III: Stroke Development ♥

Builds on the skills in Level II by providing additional guided practice. Prerequisite: Level II.

AMAZON POOL

Sessions 1, 2 (see dates & prices on pg 28)

M-Th 3:20-3:50p

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices on pg 28)

MW 5:10-5:40p TuTh 5:10-5:40p

MW 6:20-6:50p TuTh 5:45-6:15p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices on pg 28)

MW 5:20-5:50p TuTh 6:30-7p

MW 6:30-7p

MW 7:05-7:35p

continued

Aquatics

Level IV: Stroke Improvement ♥

Builds student confidence and performance of the swimming strokes learned in Level III by providing additional guided practice. Prerequisite: Level III.

AMAZON POOL

Sessions 1, 2 (see dates & prices on pg 28)

M-Th 3:55-4:25p

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices on pg 28)

MW 5:10-5:40p TuTh 6:20-6:50p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices on pg 28)

MW 6:30-7p TuTh 6:30-7p

Level V: Stroke Refinement ♥

Builds on the skills in Level IV by providing additional guided practice. Prerequisite: Level IV.

AMAZON POOL

Sessions 1, 2 (see dates & prices on pg 28)

M-Th 3:55-4:25p

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices on pg 28)

MW 5:45-6:15p TuTh 5:10-5:40p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices on pg 28)

MW 7:05-7:35p TuTh 7:05-7:35p

Level VI: Skill Proficiency ♥

Refines strokes so students swim with more ease, efficiency, power, and smoothness over greater distances. Introduces springboard diving skills. Introduces lifeguarding skills. Teaches students how to prevent aquatic emergencies in open water environments. Practices self-rescue techniques. Prerequisite: Level V.

AMAZON POOL

Sessions 1, 2 (see dates & prices on pg 28)

M-Th 3:55-4:25p

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices on pg 28)

TuTh 6:20-6:50p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices on pg 28)

MW 6:30-7p TuTh 7:05-7:35p

SWIM LESSONS/TEEN & ADULT

Teen Swim Lessons ♥ *Ages 13-19*

This class is designed just for teens who want to learn to swim. Beginners, intermediates and advanced swimmers are all welcome.

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices on pg 28)

MW 6:55-7:25p

Adult Swim Lessons ♥ *Ages 15 & up*

Whether you're just beginning, or just inexperienced, you'll enjoy this class. A qualified, understanding instructor will work with you to help you become at least water safe.

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices on pg 28)

TuTh 6:55-7:25p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices on pg 28)

TuTh 7:05-7:35p

Pre-Competitive Swim Lessons ♥ *Ages 7-16*

A class focused on the basic strokes used in competition. Includes starts, turns, and information to prepare those near ready to enter the exciting world of competitive swimming.

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices on pg 28)

TuTh 6:20-6:50p

Private/Semi-Private Lessons

♥ *Ages 3-adult*

Private swim lessons are designed for 1:1 instructor to student ratio.

ECHO HOLLOW POOL

Sessions 4, 5, 6 (see dates & prices on pg 28)

M,Tu,W or Th 6:55-7:25p

SHELDON POOL

Sessions 3, 4, 5, 6 (see dates & prices on pg 28)

M or W 7:05-7:35p

COMPETITIVE AQUATICS

Emerald Aquatics, emeraldaquatics.org

Senior, Age Group, Novice, Masters

Contact Coach Gina Dohm at 684-0946

Eugene City Swim Club, eugenecityswimclub.org

Senior, Age Group, Novice

Contact Scott Kerr at 988-3133

Eugene Water Polo

Contact Ron Thompson at 988-3880

or email thompson2610@comcast.net

Precision Swimming

Age Group, Masters

Contact Rick Rodriguez at 513-6696

YMCA Swim Team

Contact Dan Cole at 686-9622

or email dancole1@mac.com